

# Aikido Training 2011

Mariko Takamizo Shihan  
November 10<sup>th</sup> thru November 13<sup>th</sup> 2010

Aikido Renshinkan and Hawaii Betsuin Aikido Club are pleased to host the 6<sup>th</sup> annual Aikido Training Seminar with guest instructor Mariko Takamizo Shihan, from Aikikai World Headquarters. Training will begin with evening sessions on Thursday and Friday, followed by all day training on Saturday and Sunday. Takamizo Shihan will also conduct the special women's class on Sunday morning, in which men are encouraged to participate as uke. In addition to instruction by Takamizo Shihan the chief instructors of attending dojos have graciously agreed to share their training with us. We have set aside sessions on Saturday and Sunday for this training.



Takamizo Shihan has been with the Aikikai for over 25 years. She has conducted the Aikido Training Seminar since its inception in 2006. Thank you everyone for your support of this seminar.

The party on Saturday evening will feature entertainment by Maestro Ken Noyle who will again dazzle us with feats of prestidigitation.

Note: The Asia Pacific Economic Conference (APEC) will be held on the same weekend as the seminar. Please make allowances for possible traffic congestion going in and out of Waikiki.

## Seminar Schedule and Rates

Please register by Saturday, Oct 30

Minimum age of participants is 15 yrs

Thursday,	Nov 10	7:00 pm—8:00 pm	❖ Evening only	\$20
Friday,	Nov 11	6:45 pm—7:45 pm	❖ Evening only	\$20
Saturday,	Nov 12	9:30am—10:30 am	❖ Session 3.1 Sogi Sensei	\$60
		10:30 am	❖ Commemorative Photo	
		11:00am—12:00 noon	❖ Session 3.2 Takamizo Sensei	
		Lunch (1½ hour)	❖ Sandwich lunch included	
		1:30 pm—2:30 pm	❖ Session 3.3 Hawaii Instructors	
		2:45 pm—3:45 pm	❖ Session 3.4 Takamizo Sensei	
		6:30 pm—8:00 pm	❖ Party at the on-site dining room.	\$25
Sunday,	Nov 13	9:30 am—10:30 am	❖ Session 4.1 - Women's class	\$60
		11:00am—12:00 noon	❖ Session 4.2 Takamizo Sensei	
		Lunch (1½ hour)	❖ Sandwich lunch included	
		1:30 pm—2:30 pm	❖ Session 4.3 Hawaii Instructors	
		2:45 pm—3:45 pm	❖ Session 4.4 Takamizo Sensei	
At-the-door registration fee for Sat, Sun Sessions				\$10
All sessions discount			❖ Excluding party	\$150

Seminar venue: Pacific Buddhist Academy Gymnasium, (Honpa Hongwanji) 1728 Pali Highway, Honolulu, HI 96817. Enter from Iliahi Street off Nuuanu Avenue.

For more information, please contact: Glenn Yoshida, aikimanyoshi@gmail.com (808) 728-3662